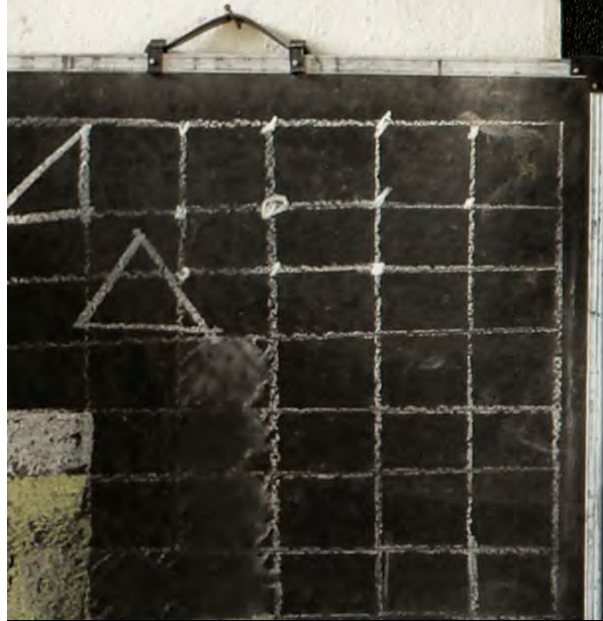


Mission ZERO



One time, in
Rotterdam

Loss Survivors

Who am I?

Fundamentals of
Suicidology

Information
& Systems

One time, in
China

I have drinks with the Suicide Prevention Expert for the Netherlands Railway

NL#TIMES

TOP STORIES HEALTH CRIME POLITICS BUSINESS TECH



A train crashed into a car on the Keizerdijk crossing on the outskirts of Rijssen. The motorist was killed, 22 Jan 2018 Photo: @ICB_Joelle / Twitter

HEALTH SUICIDE SUICIDE PREVENTION SUICIDE BY TRAIN NS PRORAIL
113 ZELFMOORDPREVENTIE

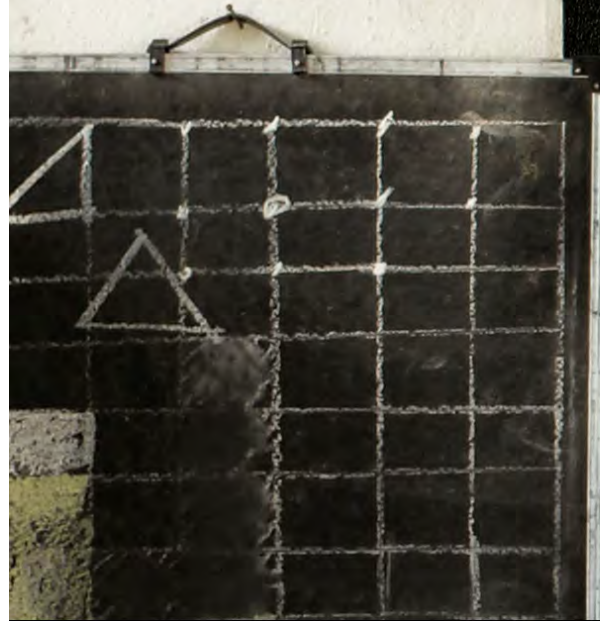
WEDNESDAY, MARCH 13, 2019 - 10:10

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Suicide by train down 10%; biggest decrease in a decade, ProRail says

Last year 194 people took their own life by jumping in front of a train in the Netherlands, a decrease of 10 percent compared to the 215 such suicides in 2017. According to ProRail, this is the biggest decrease in a decade. The rail manager believes that preventative measures taken in cooperation with NS played a role in this, the Volkskrant reports.

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Who am I?

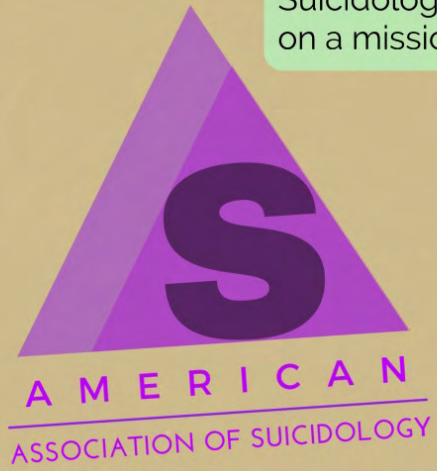
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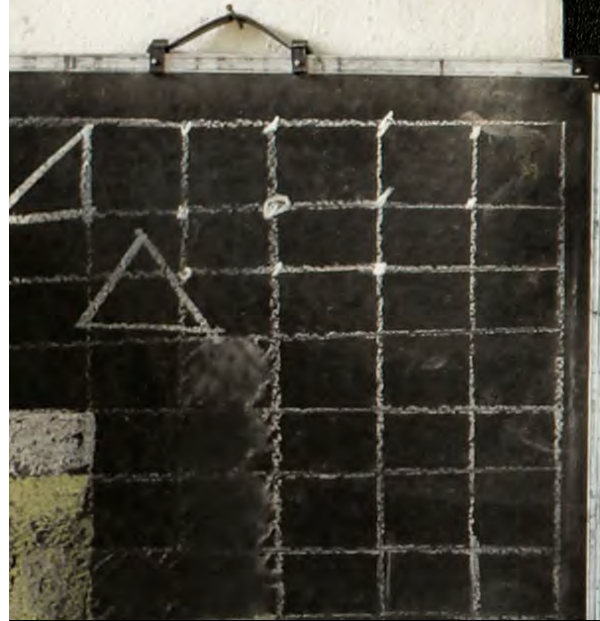
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China

Dr. April C. Foreman

Suicidologist
on a mission



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Loss Survivors

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The Basics about suicide

- Suicidal feelings are temporary and will not kill you.
- The "Suicide Zone" is only about 30 min
- The "impact" is what kills
- Lethal Means Restriction and Seat belts
- Zero Suicide = Zero Incident Culture

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The Power of:

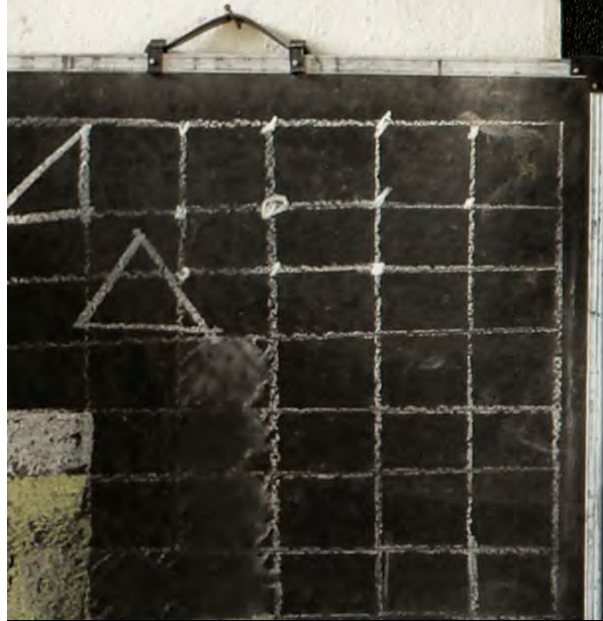


Data

Systems

"I have never known one single human intervention that is as reliable as well designed system."

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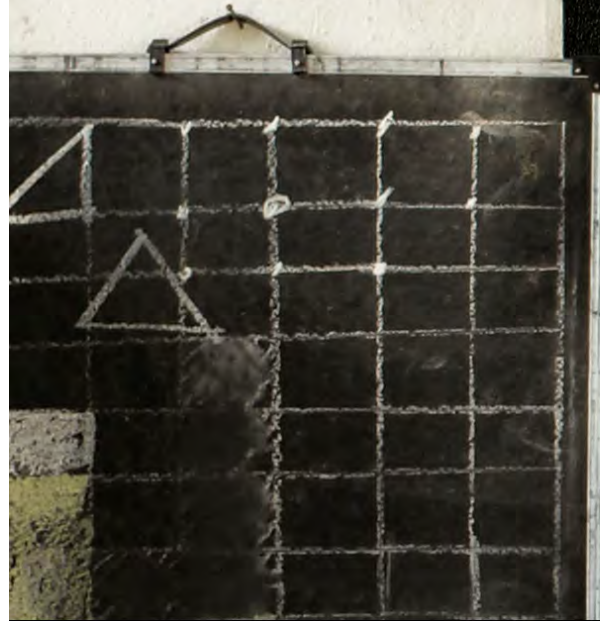
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Loss Survivors

- Powerful advocates
- Lifetime of increased risk
- Postvention IS Prevention
- LOSS Teams are a best practice

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Loss Survivors

Who am I?

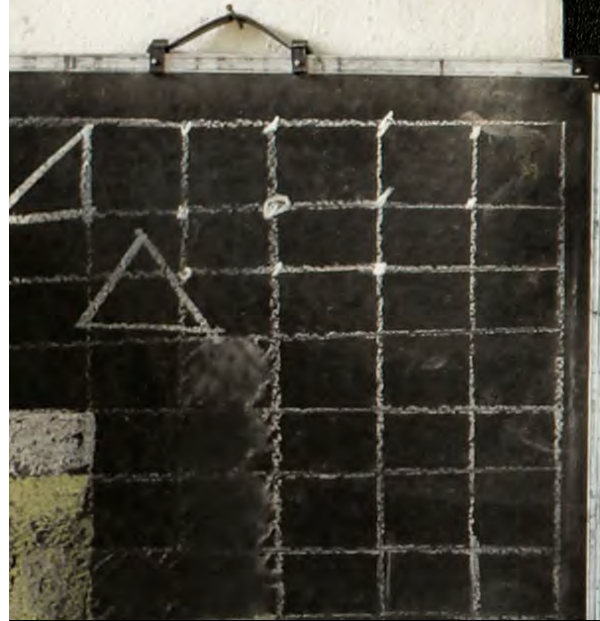
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