



Rail Safety Education & Suicide Prevention

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Overview

- Don't Shortcut Life Public Education Program
 - Operation Lifesaver
- Suicide Prevention Initiatives



Don't Shortcut Life Rail Safety

Operation Lifesaver



Three E's

- Education
- Engineering
- Enforcement

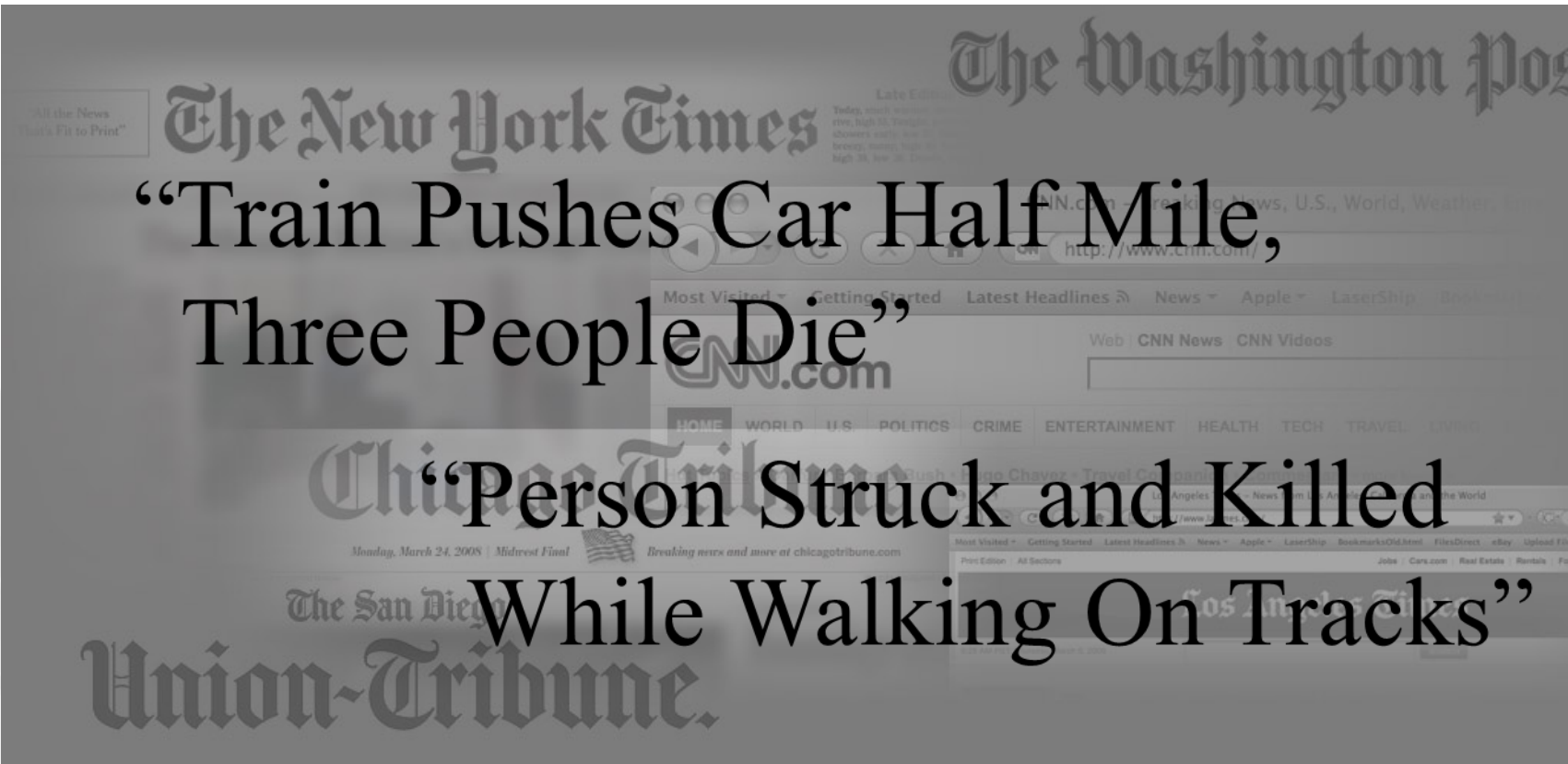
Not Just About Rail Safety

- Communicating as an Agency
 - Rail Safety
- 2009 Palo Alto Suicides
- Changing our Way of Thinking

Caltrain Fatalities

Caltrain Fatalities from 2010-2020				
Year	Total fatalities	Suicide	Unintended	*Pending
2010	11	11	0	
2011	16	15	1	
2012	12	11	1	
2013	13	11	2	
2014	10	8	2	
2015	20	17	3	
2016	12	11	1	
2017	9	5	4	
2018	13	7	6	
2019	16	10	6	
2020	9			*9

Caltrain In the News



Media Roundtable

- June 2015
- Collaborative Effort
 - VOLPE
 - Health Care Professionals
 - Media – Print and Broadcast
 - Other Public Information Officials
- Media Coverage Since Roundtable



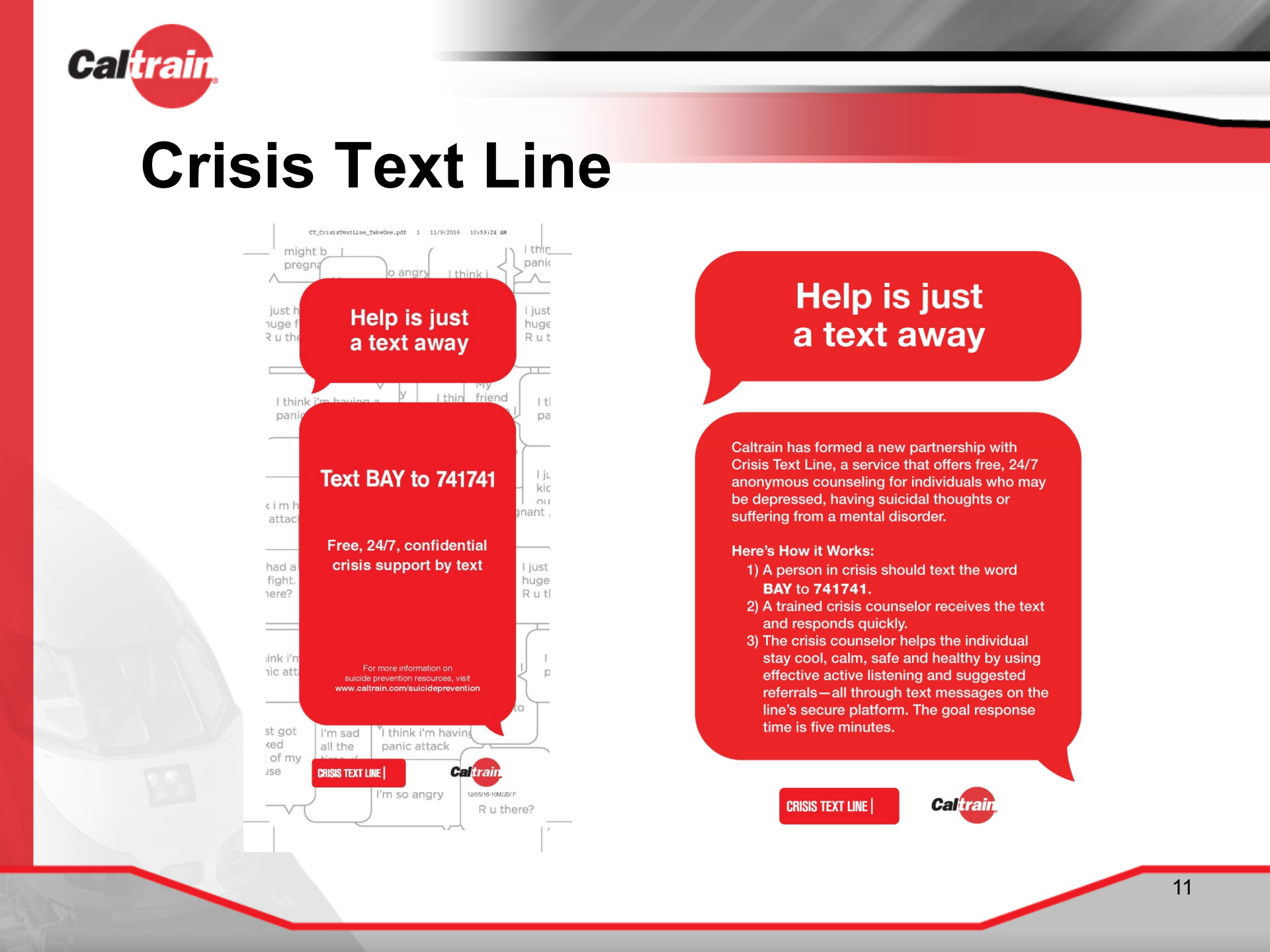
Suicide Prevention Initiatives



Community Partnerships

- San Mateo County Suicide Prevention Committee
- Santa Clara County Suicide Prevention Advisory Committee
- Project Safety Net (Palo Alto)
- Crisis Text Line

Crisis Text Line



Help is just
a text away

Text BAY to 741741

Free, 24/7, confidential
crisis support by text

For more information on
suicide prevention resources, visit
www.caltrain.com/suicideprevention

Help is just
a text away

Caltrain has formed a new partnership with Crisis Text Line, a service that offers free, 24/7 anonymous counseling for individuals who may be depressed, having suicidal thoughts or suffering from a mental disorder.

Here's How it Works:

- 1) A person in crisis should text the word **BAY** to **741741**.
- 2) A trained crisis counselor receives the text and responds quickly.
- 3) The crisis counselor helps the individual stay cool, calm, safe and healthy by using effective active listening and suggested referrals—all through text messages on the line's secure platform. The goal response time is five minutes.

CRISIS TEXT LINE |



Specialized Training - Interventions

Year	Number of Interventions
2020	*24
2019	31
2018	41
2017	40
2016	31
2015	38
2014	40
2013	23
	*YTD

Caltrain Activities

- Installed 250 suicide prevention signs at stations
- Dedicated suicide prevention resource page
- Raised \$25,000 for American Foundation for Suicide Prevention's Out of the Darkness Walks
- Sponsored the Caminar for Mental Health Symposium three times
- Sponsor "Edge of Success" Film Festival



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